

## Cafeteria Connection

Connecting you to your child's school lunchroom

### School's Out & Free Summer Meals Are In!

As the school year winds down and summer begins, you and your family are more than likely changing up your usual school year routines. Activities, sports, and summer camps take the place of school days. Your kids sleep schedules undoubtedly shift: later bedtimes and the opportunity to sleep in. Maybe you're planning to finally take that family getaway?

One routine that doesn't need to change is your child's access to regular, healthy meals. Help us spread the word that **when school's out, free summer meals for kids are in!**

That's right, our school is one of many schools and nonprofit organizations nationwide providing free summer meals to all kids under 18 throughout the summer. The USDA funds these meals to ensure kids and teens have access to meals during June, July, and August at no charge to families regardless of income.

What do I need to know?

- No application or proof of income necessary.
  - Free for all kids and teens under age 18.
  - Simply show up at our location during our site's hours of operation for a free meal.
- See **Site Details** box for more information.

And please, tell your family, friends, and neighbors about this awesome opportunity to help us spread the word.



*If your summer plans include travel, you can easily find a free site near you by texting "food" to 877-877 or calling 1-866-3-HUNGRY (1-866-348-6479).*

*Spanish speakers can text "comida" to 877-877 or call 1-877-8-HAMBRE (1-877-842-6273).*

### Site Details

**NutriStudents K-12®**

Menu Freedom. Tools for Success.