

NutriStudents K-12 Menu Contribution Report

ALLERGY FREE MENU OPTIONS: #1-3

OPTION: #1

No.	Name	Portion Size
001299	----- ENTREE -----	-----
000812	ALLERGY FREE BEEF & POTATO 1C	1/2 Cup
001467	----- GRAIN -----	-----
001523	ALLERGY FREE RICE CILANT 1/2C	1/2 CUP
003320	NS GARNISH CILANTRO FRESH TSP	1 TSP
000497	----- OR -----	-----
001524	ALLERGY FREE RICE GARLIC 1/2C	1/2 CUP
000497	----- OR -----	-----
001473	NS GRAIN CHIP TORTILLA	1 EACH
001217	----- VEGETABLES -----	-----
001312	NS VEG ASSORTED - ALL = 3/4C	3/4C EQUIVALENT
000878	----- FRUIT -----	-----
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival
000879	----- MILK -----	-----
001522	NS MILK SUBSTITUTE	1 EACH

OPTION: #2

No.	Name	Portion Size
001299	----- ENTREE -----	-----
000813	ALLERGY FREE BEEF G ONION 1/2C	1/2 CUP
001467	----- GRAIN -----	-----
001523	ALLERGY FREE RICE CILANT 1/2C	1/2 CUP
003320	NS GARNISH CILANTRO FRESH TSP	1 TSP
000497	----- OR -----	-----
001524	ALLERGY FREE RICE GARLIC 1/2C	1/2 CUP
000497	----- OR -----	-----
001473	NS GRAIN CHIP TORTILLA	1 EACH
001217	----- VEGETABLES -----	-----
001312	NS VEG ASSORTED - ALL = 3/4C	3/4C EQUIVALENT
000878	----- FRUIT -----	-----
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival
000879	----- MILK -----	-----
001522	NS MILK SUBSTITUTE	1 EACH

OPTION: #3

No.	Name	Portion Size
001299	----- ENTREE -----	-----
000815	ALLERGY FREE CHX BREAST SEASON	1 EACH
001467	----- GRAIN -----	-----
001523	ALLERGY FREE RICE CILANT 1/2C	1/2 CUP
003320	NS GARNISH CILANTRO FRESH TSP	1 TSP
000497	----- OR -----	-----
001524	ALLERGY FREE RICE GARLIC 1/2C	1/2 CUP
000497	----- OR -----	-----
001473	NS GRAIN CHIP TORTILLA	1 EACH
001217	----- VEGETABLES -----	-----
001312	NS VEG ASSORTED - ALL = 3/4C	3/4C EQUIVALENT
000878	----- FRUIT -----	-----
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival
000879	----- MILK -----	-----
001522	NS MILK SUBSTITUTE	1 EACH

OPTION: #4

No.	Name	Portion Size
001299	----- ENTREE -----	-----
000816	ALLERGY FREE CHX BREAST STEW	1 EACH
001467	----- GRAIN -----	-----
001523	ALLERGY FREE RICE CILANT 1/2C	1/2 CUP
003320	NS GARNISH CILANTRO FRESH TSP	1 TSP
000497	----- OR -----	-----
001524	ALLERGY FREE RICE GARLIC 1/2C	1/2 CUP
000497	----- OR -----	-----
001473	NS GRAIN CHIP TORTILLA	1 EACH
001217	----- VEGETABLES -----	-----
001312	NS VEG ASSORTED - ALL = 3/4C	3/4C EQUIVALENT
000878	----- FRUIT -----	-----
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival
000879	----- MILK -----	-----
001522	NS MILK SUBSTITUTE	1 EACH

OPTION: #5

No.	Name	Portion Size
001299	----- ENTREE -----	-----
000818	ALLERGY FREE CHX SUPREME	1 EACH
001467	----- GRAIN -----	-----
001523	ALLERGY FREE RICE CILANT 1/2C	1/2 CUP
003320	NS GARNISH CILANTRO FRESH TSP	1 TSP
000497	----- OR -----	-----
001524	ALLERGY FREE RICE GARLIC 1/2C	1/2 CUP
000497	----- OR -----	-----
001473	NS GRAIN CHIP TORTILLA	1 EACH
001217	----- VEGETABLES -----	-----
001312	NS VEG ASSORTED - ALL = 3/4C	3/4C EQUIVALENT
000878	----- FRUIT -----	-----
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival
000879	----- MILK -----	-----
001522	NS MILK SUBSTITUTE	1 EACH

OPTION: #6

No.	Name	Portion Size
001299	----- ENTREE -----	-----
000817	ALLERGY FREE CHX VEG SUKKAR	1 EACH
001467	----- GRAIN -----	-----
001523	ALLERGY FREE RICE CILANT 1/2C	1/2 CUP
003320	NS GARNISH CILANTRO FRESH TSP	1 TSP
000497	----- OR -----	-----
001524	ALLERGY FREE RICE GARLIC 1/2C	1/2 CUP
000497	----- OR -----	-----
001473	NS GRAIN CHIP TORTILLA	1 EACH
001217	----- VEGETABLES -----	-----
001312	NS VEG ASSORTED - ALL = 3/4C	3/4C EQUIVALENT
000878	----- FRUIT -----	-----
900013	FRUIT - ASSORTED 1/2 CUP	1/2 Cup Equival
000879	----- MILK -----	-----
001522	NS MILK SUBSTITUTE	1 EACH

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ALLERGY FREE MENU OPTIONS: #4-6